

SAMPLE

Student Guide

## Tips for Success

- ▶ Login to your account on the Human Prenatal Development Student Portal, then leave the page open so you can access the Introduction & Fun Facts, Concept Slides, and other pages.
- ▶ So that your efforts aren't lost, save your work after completing each text box or data set. Do this by pressing Control + S (for PCs), Command + S (for Macs), or simply choose "Save" from the File dropdown menu.
- ▶ If you use a computer that remains at school, resubmit the most recent version (your work in progress) of your guide to the Google Classroom assignment where it was originally posted. Doing this at the end of class allows you to access your Student Guide from alternative computers for homework and during absences.

### 1.1 Identify your work:

You will work with a collaborative team of scientists for Phases 1 and 2. Doing so will increase the reliability of your results.

You will complete Phase 3 independently. Doing so will enable you to reflect on your personal development and process as a whole.

**Your Name:**

**Group or Lab Partner(s):**

SAMPLE

## 1.2 Locate Your Work:

Use the Table of Contents (TOC) below to navigate the Investigation. Click on any Phase title to link to it. Navigate back to the TOC from any page by clicking the TOC button on the bottom, right of the page.

Phase	Content	Phase	Content	Phase	Content
2.1	<a href="#">Background Research</a>	2.4	<a href="#">Protocol</a>	2.7	<a href="#">Discussion</a>
2.2	<a href="#">Response to Research</a>	2.5	<a href="#">Quantitative Data</a>		
2.3	<a href="#">Materials</a>	2.6	<a href="#">Conclusion</a>		

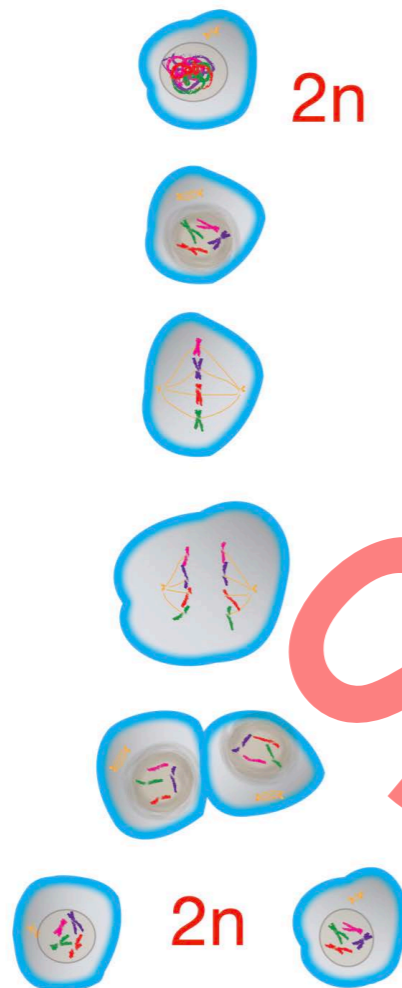
## 1.3 Baseline Observation:

Briefly explain what you currently understand about meiosis, gamete (sperm and ova) formation, and human chromosomes. Doing so will allow you to evaluate your work over time.

## 2.1 Background Research:

Open the *Introduction* and *Concept Slides* via the *Student Portal*. As you read through the information, think critically, asking questions and evaluating the claims - not simply accepting what you read. Take note of any information that will help you answer the *Phase 2.2* questions. After reading the research, complete the *Student Guide* through and including *Phase 2.2*, and prepare to share your thoughts during the class presentation of the information.

### Mitosis



### Mitosis: Cell Division for Growth and Repair

**Mitosis** is the process that occurs when a cell divides to produce two identical daughter cells (left). It is responsible for the growth of an organism and the repair of tissues. For example, when you get a cut on your skin, mitosis helps to create new skin cells to replace the damaged ones. Each new cell has the same number of chromosomes (DNA) as the original cell. In humans, this means that each new cell has 46 chromosomes arranged in 23 pairs.

**Mitosis** involves several stages: **prophase**, **metaphase**, **anaphase**, and **telophase**. The goal of mitosis is to make sure that each daughter cell gets a full set of chromosomes. After mitosis, the two new cells are genetically identical to the original cell and each other.

2.2 Response to Your Research: Answer the question(s) then list **three new facts** you learned from your research.

1. In your own words, explain what mitosis is. What is the function of mitosis? In a human body, what types of cells divide by mitosis? What type of cells do not use mitosis to divide?

2. List and briefly explain three new/interesting facts you have learned from your background research.

SAMPLE

## 2.3 Experiment-Materials:

Chromebook/Laptop (or printed PDF)

14 blocks of one color

10 blocks of a different color

8 blocks of a different color

2 blocks of a different color

small balls of clay

4 pieces of string about 40 cm in length

2 pieces of string about 60 cm in length

metric ruler or meter stick

Triple beam balance (or digital scale)

Modeling clay

SAMPLE

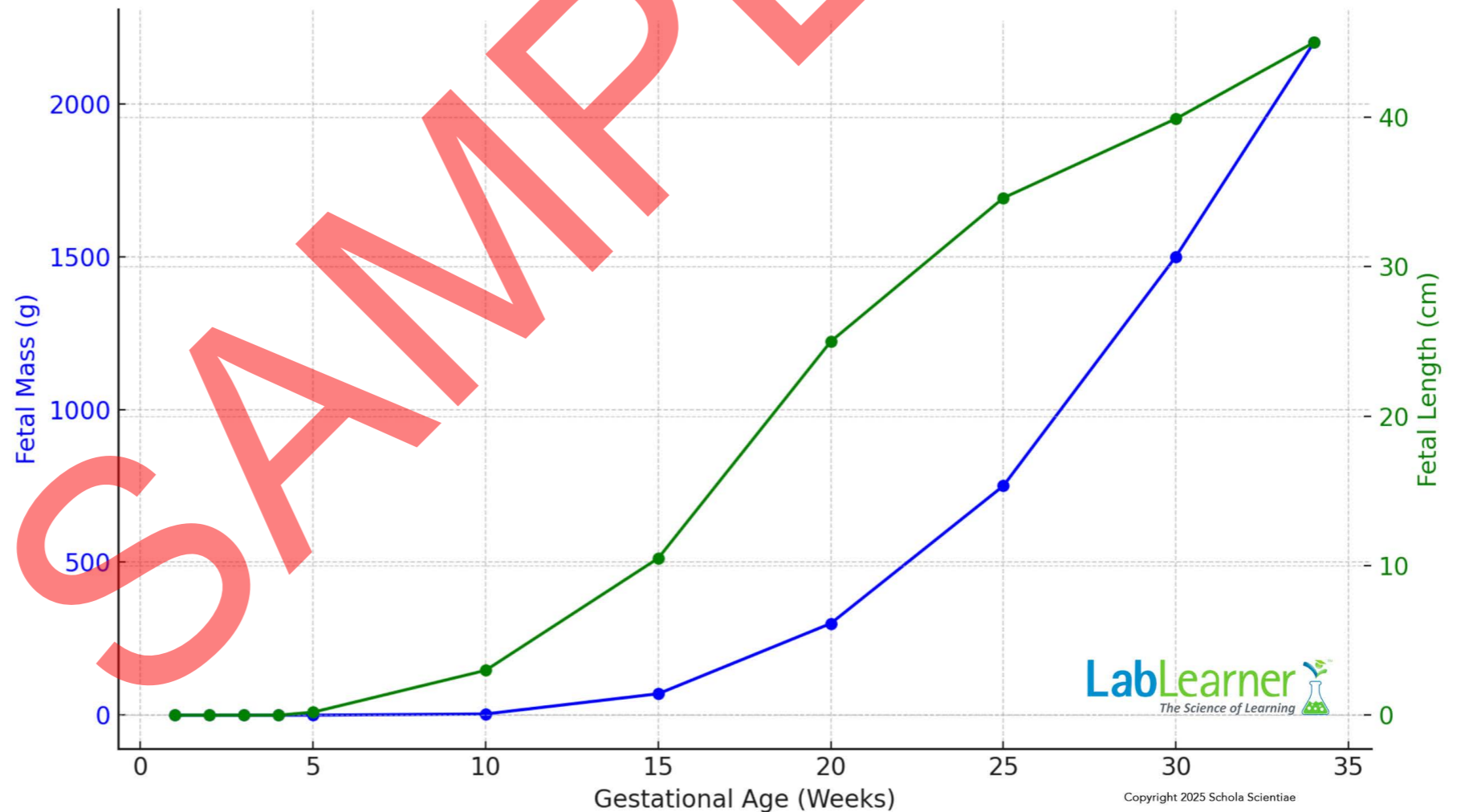
## 2.4 Experiment-Protocol:

This first activity will span the entire *Human Prenatal Development* CELL. Each week in the lab, you will use the data table and graph below that provides developmental milestones to follow fetal mass and length during prenatal development.

This experience will condense the 36-week normal human gestation period into four weeks, with model measurements taken at approximately weeks 7, 14, 21, and 28 weeks of development.

### Fetal Growth: Mass and Length vs. Gestational Age

Gestational Age (weeks)	Mass (g)	Length (cm)
1	0	0
2	0	0
3	0	0
4	0	0
5	0	0.2
6	0.8	0.8
7	1.6	1.3
8	2.4	1.9
9	3.2	2.4
10	4	3
11	17.2	4.5
12	30.4	6
13	43.6	7.5
14	56.8	9
15	70	10.5
16	116	13.4
17	162	16.3
18	208	19.2
19	254	22.1
20	300	25
21	390	26.9
22	480	28.8
23	570	30.8
24	660	32.7
25	750	34.6
26	900	35.7
27	1050	36.7
28	1200	37.8
29	1350	38.8
30	1500	39.9
31	1675	41.2
32	1850	42.4
33	2025	43.7
34	2200	45



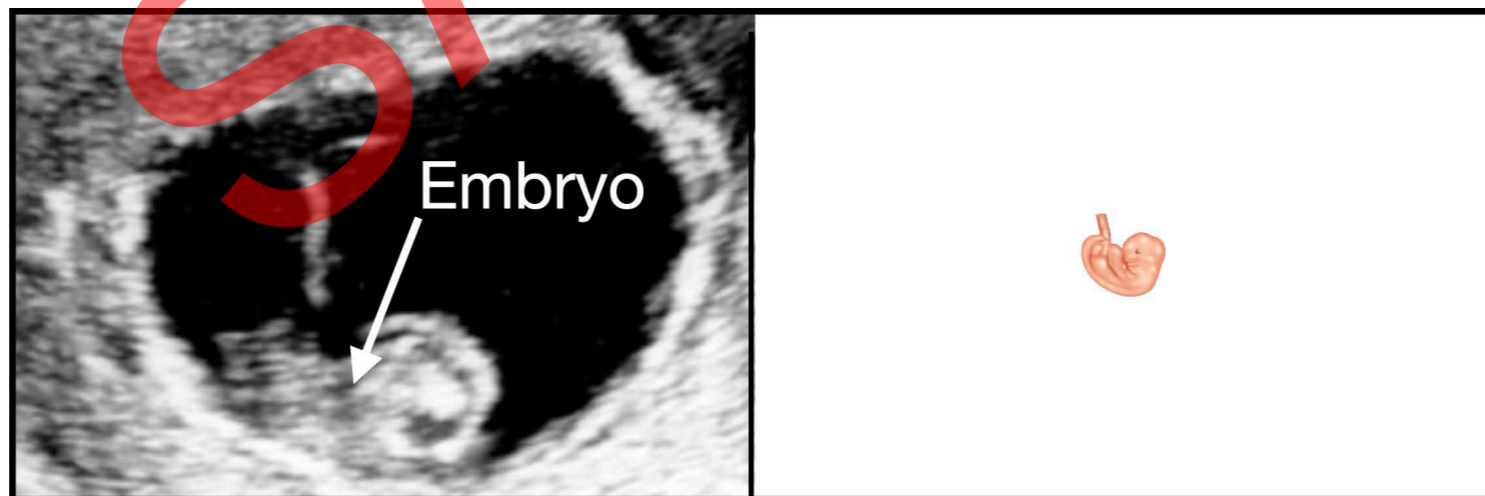
**Mass (grams):** Based on data from sources like the World Health Organization (WHO), the American College of Obstetricians and Gynecologists (ACOG), and medical texts on fetal development.

**Length (cm):** Crown-rump length (CRL) in early weeks and crown-heel length in later weeks, commonly sourced from ultrasound or clinical fetal growth studies.

## 2.4 Experiment-Protocol (Continued)

### Experiment: Development Model at week seven

1. Use a triple beam balance (or digital scale) to weigh out a piece of modeling clay to the mass indicated at week 7 of the **Data Table** on the previous page. Record the mass of your 7-week model: Mass =
2. Next consult the **Data Table** once again to find the approximate length of the embryo at this age of gestation (7 weeks).
3. Using a metric ruler or meter stick, measure your model and form it to be the approximate length listed in the **Data Table**. Record the length of your 7-week model: Length =
4. Describe the size and shape of your 7-week embryo model (remember that the baby is referred to as an embryo until the 9th week of gestation, thereafter it is referred to as a fetus).
5. Depending on your teachers instructions, either keep the 7-week model embryo to compare your model week to week, or return it to the modeling clay container.



7-Week Ultrasound

Actual Size



## 2.4 Experiment-Protocol (Continued)





### Experiment: Human Chromosomes (Modeling Mitosis, continued)

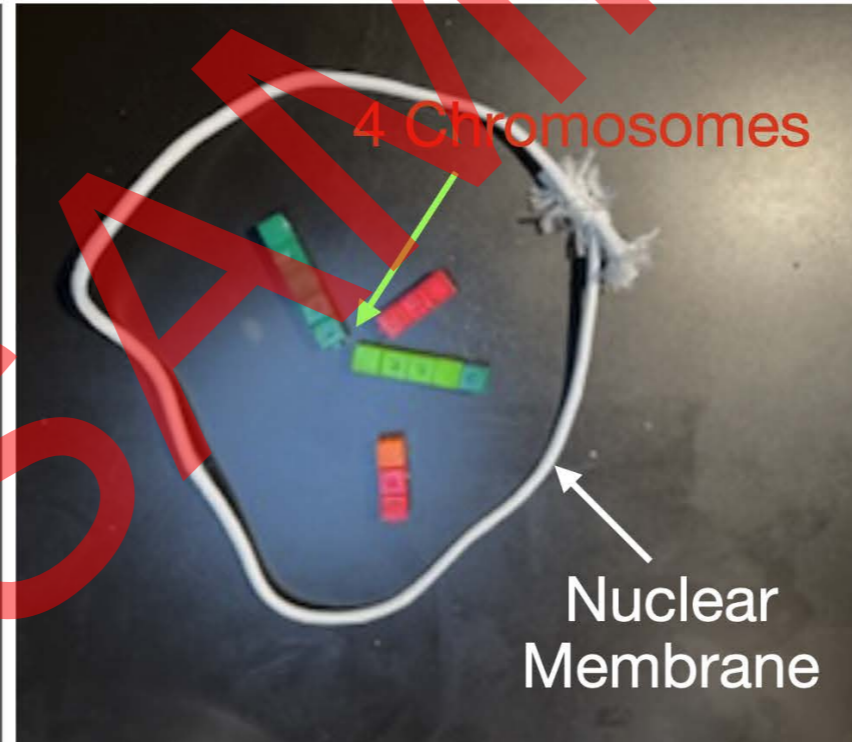
Carefully follow the steps below. By creating this model, step-by-step, you will come to understand the essential cellular process of cell division by **mitosis**. Later, in PostLab, be prepared to discuss the individual steps in mitosis (**prophase**, **metaphase**, **anaphase**, and **telophase**) with your classmates.

#### A. Prophase

1. Build a model of a body cell with two chromosome pairs in the nucleus. Use the pictures below as a guide. We will use dark green, light green, red, and orange gram cubes in this illustration. You may use different colors but assemble them in the same patterns as shown here.

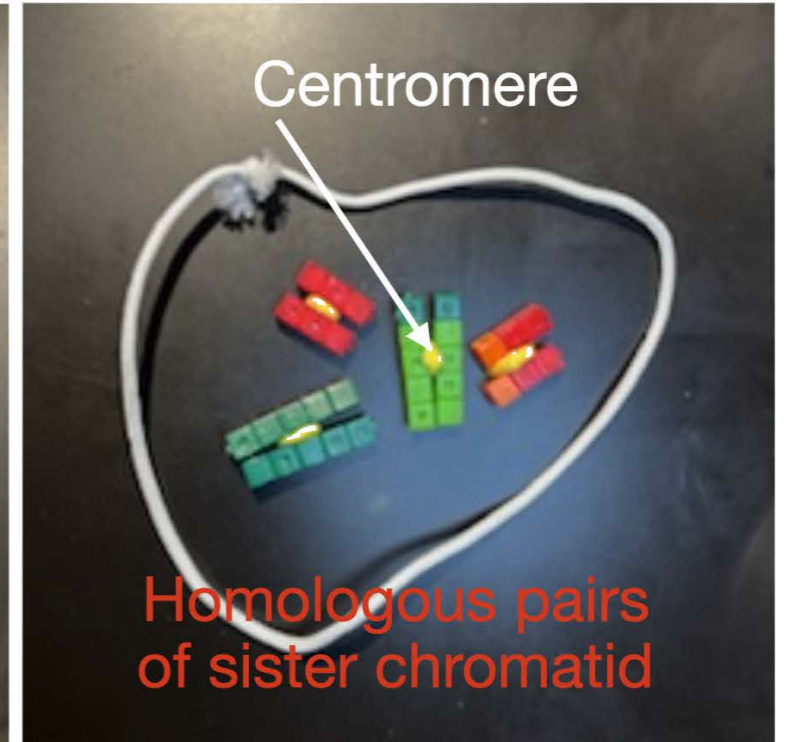
Make your chromosomes as follows (you will need two of each) and a prophase model:

# of each Chromosome	Cubes
2	5 dark green 
2	1 dark green 4 light green 
2	5 red 
2	2 red 1 orange 



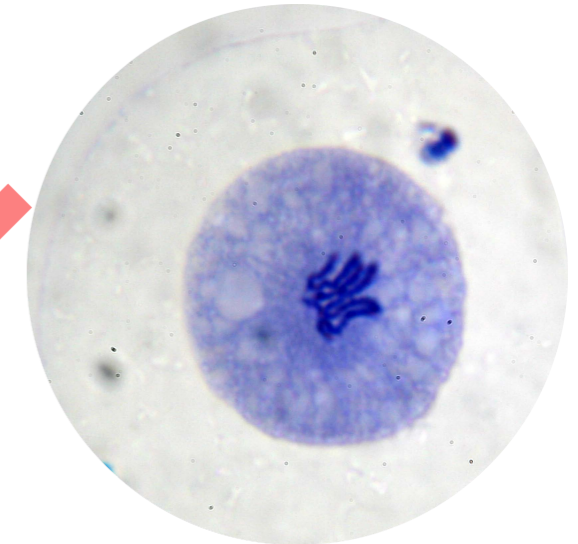
Cell Nucleus

chromosomes condense in the nucleus



Prophase

DNA replication forms homologous pairs  
Homologous pairs held together by centromere



Prophase

## 2.4 Experiment-Protocol (Continued)

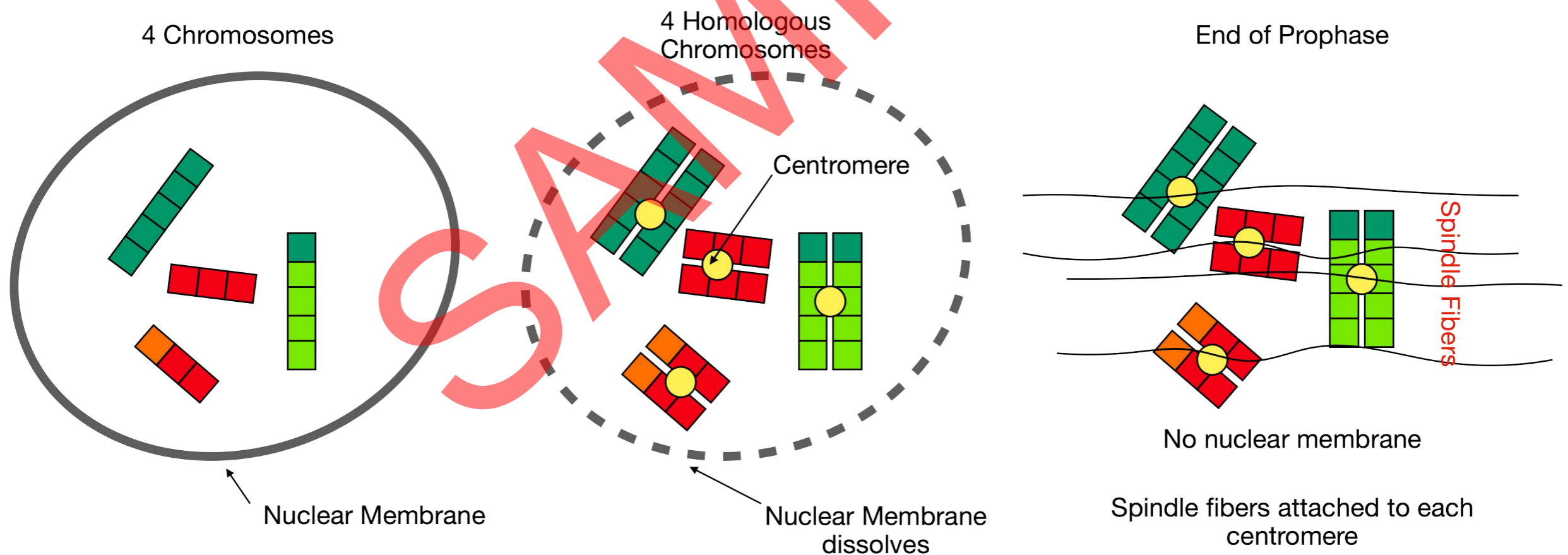
### Experiment: Human Chromosomes (Modeling Mitosis, continued)

2. Begin with one of each chromosome inside the nuclear membrane, as shown in the center picture above. This is the situation as a cell enters prophase.

3. As prophase continues, each chromosome replicates to form a homologous pair of chromosomes held together by a centromere (small ball of clay in our model). The two chromosomes of a homologous pair are referred to as sister chromatids.

Join two identical chromosomes with a small ball of clay, as shown in the right-hand picture above. **At this point, prophase is complete.**

4. The situation by the end of prophase is shown below. Notice that there are four homologous pairs of chromosomes composed of two sister chromatids held together by the centromere. The nuclear membrane has disappeared, and the pairs of chromosomes are in the cytoplasm. Spindle fibers form from each end of the cell and attach to the centromere of each homologous pair of chromosomes... **metaphase** has started.



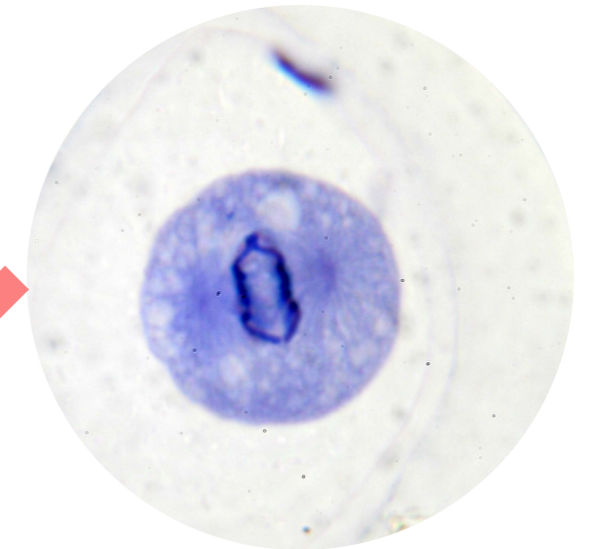
## 2.4 Experiment-Protocol (Continued)

### Experiment: Human Chromosomes (Modeling Mitosis, continued)

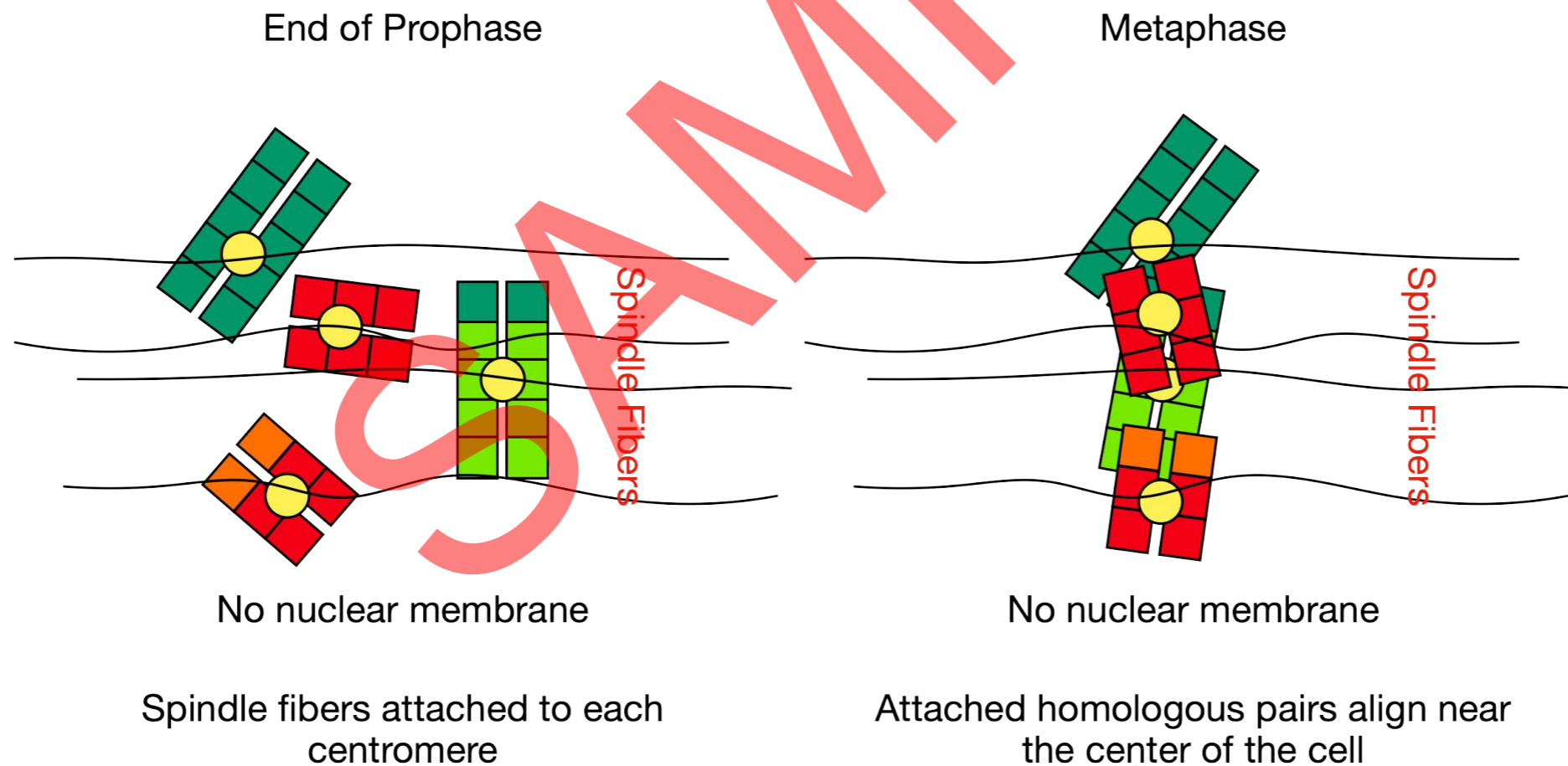
#### B. Metaphase

As prophase ends, homologous chromosome pairs form and attach to spindle fibers extending from the cell's opposite ends. During this process, the nuclear membrane dissolves so the chromosomes can attach to the spindle fibers at their centromeres. At metaphase, the chromosome homologous pairs line up near the center in preparation for the next phase of mitosis.

1. Line the four homologous pairs of chromosomes at the center of the spindle fibers as shown below (note that the fibers attach to the homologous chromosome pairs at the centromeres).



Metaphase



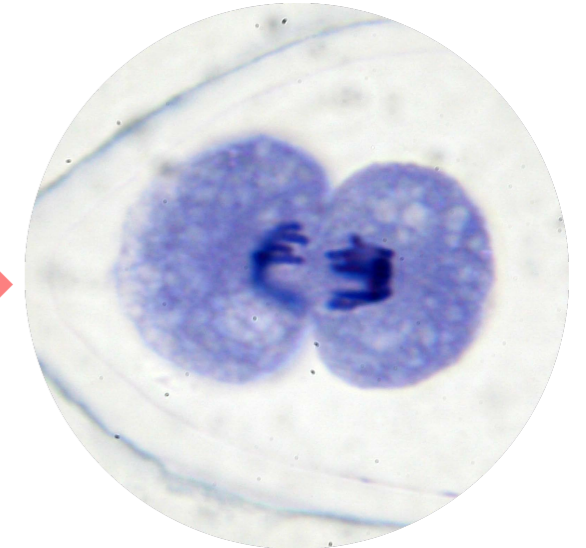
## 2.4 Experiment-Protocol (Continued)

### Experiment: Human Chromosomes (Modeling Mitosis, continued)

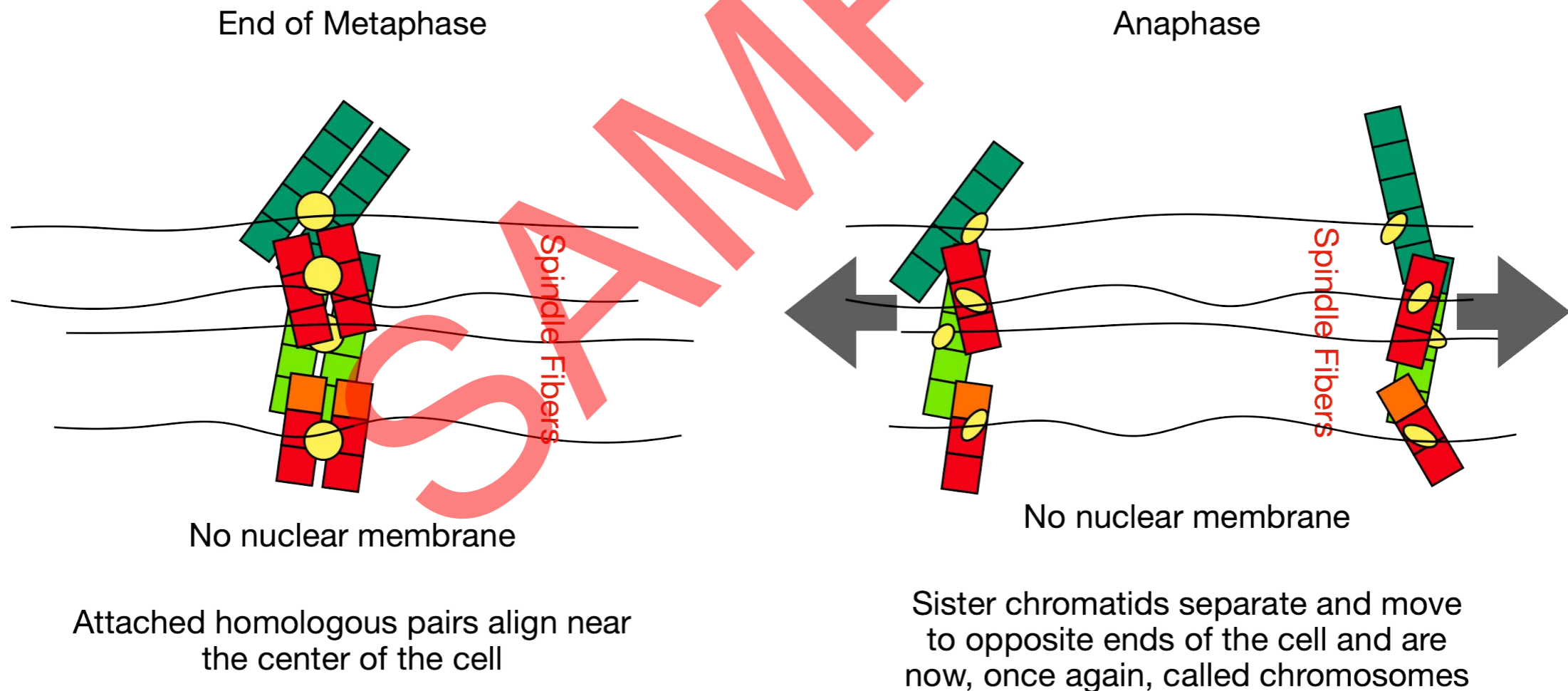
#### C. Anaphase

At anaphase, the homologous pairs line up at the middle of the cells begin to separate into sister chromatids, each of which is still associated with the spindle fibers. As anaphase progresses, the sister chromatids are pulled apart and are moved toward opposite ends of the cell.

1. Detach the homologous chromosome pairs in your model and a part of each centromere, and move the two homologous chromatids in opposite directions, as shown in the figure below. Once separated, the homologous chromatids are referred to as chromosomes.



Anaphase



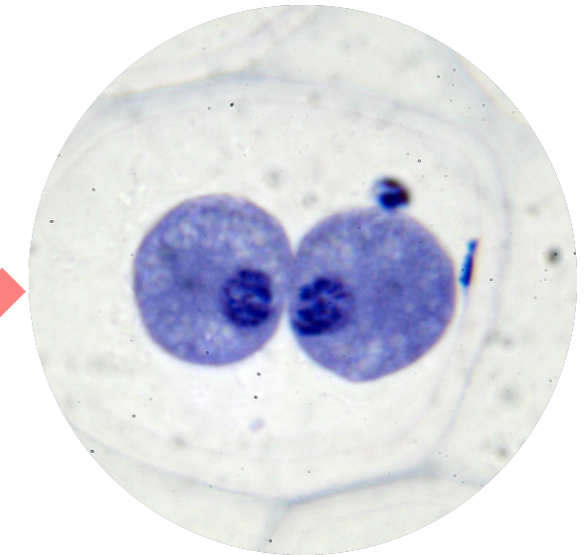
## 2.4 Experiment-Protocol (Continued)

### Experiment: Human Chromosomes (Modeling Mitosis, continued)

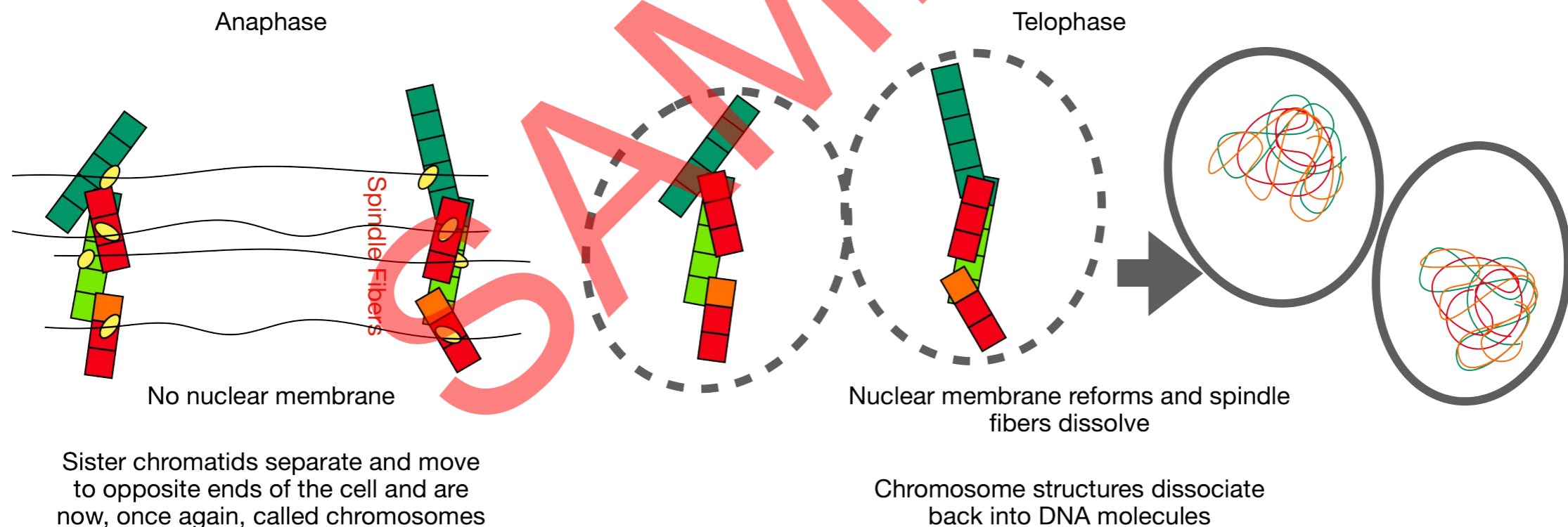
#### D. Telophase

At telophase, the chromosomes have moved to opposite areas of the cell. The spindle fibers dissolve along with the centromeres. In addition, the nuclear membrane reforms around the chromosome groups at each end of the cell.

1. Remove the remaining centromeres (clay) and the spindle fibers (strings) once the chromosomes are separated at the end of anaphase.
2. Finally, add a nuclear membrane (circle of string) around each set of chromosomes.
3. Confirm that the two new cells formed in the model are genetically identical to the cell you started with.



Telophase

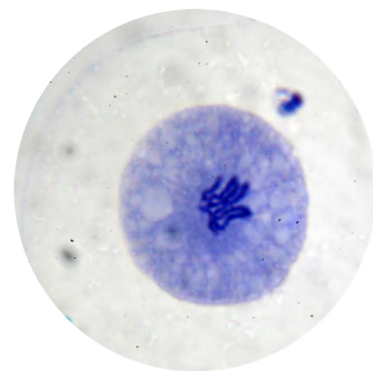


**Note: After telophase, cytokinesis completes the process of cell division by physically separating the cytoplasm into two distinct daughter cells. Cytokinesis ensures that each new cell has its own complete set of organelles and cytoplasm, finalizing the mitotic process.**

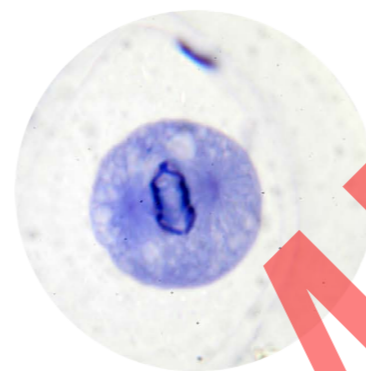
2.4 Experiment-Protocol (Continued)

Experiment: Human Chromosomes (Modeling Mitosis, continued)

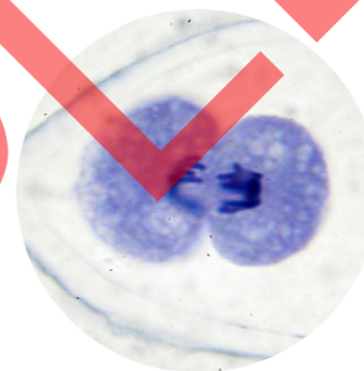
SUMMARY OF MITOSIS



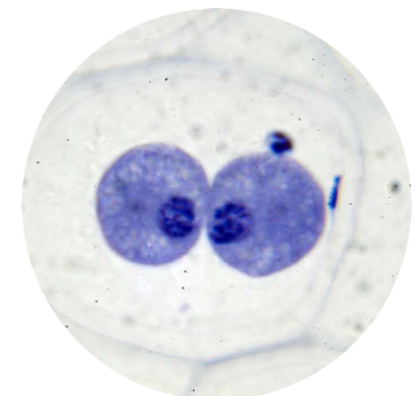
Prophase



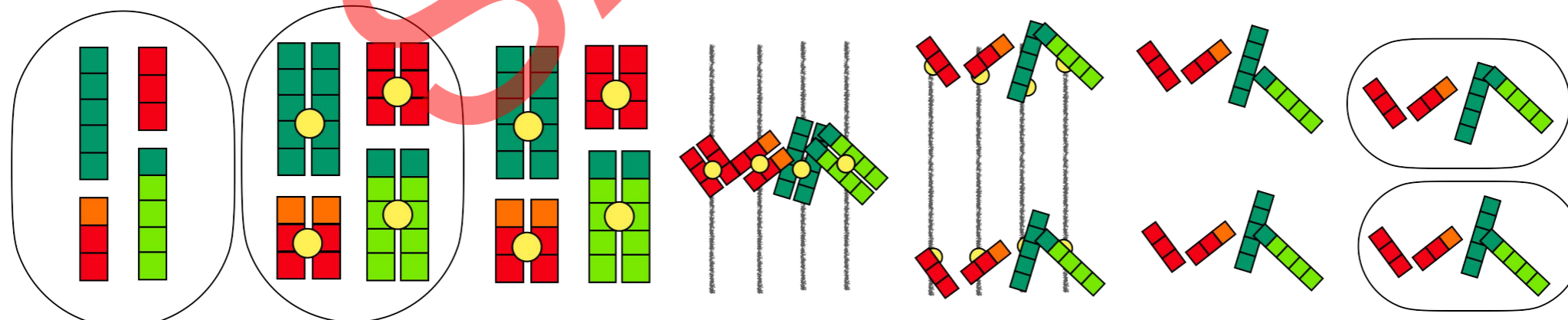
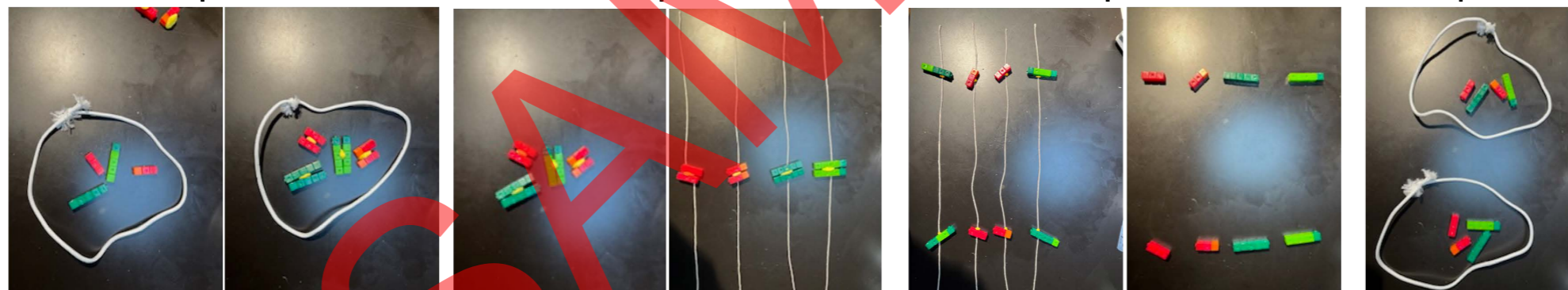
Metaphase



Anaphase



Telophase



Nuclear Membrane

Nuclear Membrane

## 2.8 Findings – Quantitative Data (Continued)

1. Use the window below to add any attachments (photographs, graphs, etc.) you wish to include from the lab.
2. Add a title to identify what the data is about. The proper form for a graph title is “x-axis variable vs. y-axis variable”.
3. To the right, add a descriptive title, summarize observations, the trends, patterns, or relationship depicted.

---

## 2.8 Findings – Quantitative Data (Continued)

1. Below are additional windows to use if you have more attachments.
2. Add a title to identify what the data is about. The proper form for a graph title is “x-axis variable vs. y-axis variable”.
3. To the right, add a descriptive title, summarize observations, the trends, patterns, or relationship depicted.

### 3.1 Conclusion:

1. **Question:** Is it possible to identify a difference between male and female chromosomes through microscopic analysis of human chromosome preparations? Explain what you would look for.

2. **Question:** Think about the first part of the lab activity, where you began modeling the development of a human embryo by creating "7-week-old" example. According to your current background knowledge, do you think that an embryo at this stage would be capable of independent life outside the mother's uterus (womb)? Explain your thinking.

SAMPLE

### 3.2 Discussion:

- Question:** What are the major differences between asexual and sexual reproduction? In your answer, describe both the advantages and disadvantages of asexual and sexual reproduction. Do humans reproduce asexually or sexually?
- Question:** Even though the two chromatids in a chromosome pair are recognizable and can be paired in a karyotype, children generally do not look *exactly* like either their father or mother. Explain why this is so.
- Question:** On the other hand, children often do look *similar* to their parents in some respects and also look a bit like their brothers and sisters. Why is this the case?